

Boathouse Allergen Policy

We are aware of the serious health risk to people with allergies



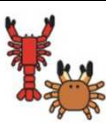
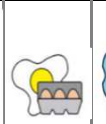
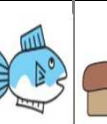



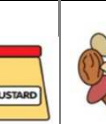


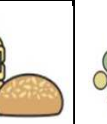




Please find attached a list from our Head Chef of all dishes served and their allergen content



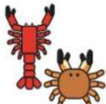













Once alerted to an allergy by a customer;

















we will do our best to ensure your food/drink is allergen free



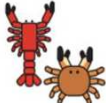













– however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain



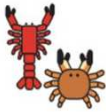













BOATHOUSE ALLERGEN SHEETS: 2024



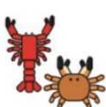
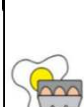

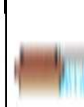








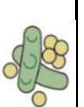

DISHES																
<u>Christmas Menu</u>	Celery	Cereals containin g gluten	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
French onion Soup		X					X							X	X	X
King Prawns		X	X											X	X	X
Pear & Stilton Salad		X					X							X		
Wild Board pate		X												X	X	X
Roast Tukery		X								X				X	X	X



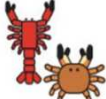













Dishes		 Cereals containing	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide	 Garlic	 Onion
<u>NYE Menu</u>	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Scallops & pork belly							X	X							X	
Asparagus ravioli	X	X		X										X	X	X
pink grapefruit champagne																
fillet of beef	X						X							X	X	X
blackened cod		X			X		X		X			X	X	X	X	X
mushroom pithivier	X	X		X			X							X	X	X
dessert duo				X			X			X						
cheeseboard	X	X					X							X		

DISHES																
<u>Sides</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Fries													X			
Aspen Fries							X						X			
Sweet pot fries													X			
Zuchinni				X			X						X			
Broccoli												X	X	X	X	X
Creamy Mash							X									
Bread Board		X												X		
Carrots													X			
parmentier pots							X						X		X	
walnut & stilton salad		X					X							X		



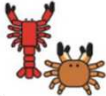













DISHES		 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide	 Garlic	 Onion
Pizza	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Margherita		X					X								X	X
Lyon		X					X							X	X	X
Andratx		X					X								X	X
Hawaii		X					X								X	X
London		X					X							X	X	X
Beijing		X					X							X	X	X
Rome		X					X								X	X
Valencia		X			X		X						X		X	X
Calzone		X					X						X		X	X

DISHES		 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide	 Garlic	 Onion
<u>Kids</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Fish & Chips					X								X			
Spag bol	X	X					X		X						X	X
cheesy pasta							X		X							
Margherita							X								X	X
Cheeseburger							X						X			
chicken goujons							X						X			
Sausage & chips													X		X	X

















DISHES																
<u>Mains</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Chicken Skewer		X					X						X		X	X
Grill cheeseburger		X		X			X						X	X	X	X
thair red curry													X		X	X
+prawn															X	X
+chicken													X		X	X
Korean Lamb		X										X	X		X	X
roasted cod					X		X						X		X	X
fish & chips				X	X								X	X		
chicken caesar				X	X		X						X	X	X	

+anchovies				X	X		X						X	X	X	
BBQ Ribs				X	X								X		X	X
pork Schnitzel	X	X		X			X		X				X	X		
Beef Ragu	X	X					X	X		X			X		X	X
DISHES																
<u>Mains</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Short Rib	X						X						X			
Rib-eye Steak							X						X			
Fillet Steak							X						X			
+peppercorn							X						X	X	X	X
+bluecheese							X						X	X	X	X
+madeira jus	X												X	X	X	X
Duck/ orange Salad												X	X	X	X	
Mushroom Porcini		X		X			X		X				X		X	X

















Caprese Salad							X						X	X		
Moules							X	X					X		X	X

DISHES		 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur dioxide	 Garlic	 Onion
<u>Small Plates</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Calamari				X			X	X					X		X	
Caprese Salad							X						X	X		
monkfish					X		X			X			X		X	X
Pork Bites												X	X	X	X	X
Mushroom Porcini		X		X			X		X				X		X	X
scallops							X	X					X		X	X
duck/orange salad												X	X	X	X	

gambas pil pil			X										X		X	
Meze Platter		X											X	X	X	X
Camembert		X					X							X	X	X
Thai Platter		X	X									X	X	X	X	X

DISHES																
<u>Breakfast</u>	Celery	Cereals containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Avocado on Toast		X												X		
+eggs				X												
Salmon sourdough		X		X	X		X									
Pancakes yog&berrie		X					X									
Pancakes NYC		X		X			X									
Vegetarian Bap		X					X							X		

Benedict		X		X										X		
Royale		X		X	X		X							X		
Full English		X		X												
Granola Bowl		X					X									
Breakfast Bap		X		X												
Vegan Full English		X														
Steak & Eggs				X												X
Porridge Oats		X					X									

DISHES																
<u>DESSERTS</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Pavlova				X			X									
brownie				X			X									
Vg Brownie										X						
B&B Pud				X			X			X						
Toffee				X			X									
Cheeseboard	X						X							X	X	X

