## **Boathouse Allergen Policy**

We are aware of the serious health risk to people with allergies Please find attached a list from our Head Chef of all dishes served and their allergen content

Once alerted to an allergy by a customer;

we will do our best to ensure your food/drink is allergen free

– however due to the presence of gluten, nuts and other allergens on the premises we cannot categorically state that our products are 100% free of these ingredients as with all food establishments there is always the possibility of cross-contamination at some point in the food chain

## **BOATHOUSE ALLERGEN SHEETS: 2024 DISHES** Cereals Christmas Crustace Sulphur Sesame Eggs Garlic Onion Celery Milk Molluscs Mustard **Peanuts** Soya containin Fish Lupin Nuts dioxide seeds Menu ans g gluten French onion X X X X X Soup X X X X X **King Prawns** Pear & Stilton X X X Salad X X X X Wild Board pate X X X **Roast Tukery** X X

Rib Of Beef									X		
Roasted Cod					X					X	X
Moroccan Stew	X	X			X					Χ	X
Xmas Pudding			Х		X						
Chocolate brownie			X		X						
Pear Paviolva			X								
Cheeseboard		Х			X				X		

Dishes						Jupin Rour	Milk		MUSTARD			Title (S. )		WINE SOO	6	
NYE Menu	Celery	Cereals containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Scallops & pork belly							Χ	Χ							Χ	
Asparagus ravioli	X	X		X										X	Χ	X
pink grapefruit champagne																
fillet of beef	X						X							Х	X	X
blackened cod		X			Х		Х		Χ			Χ	X	Х	X	Х
mushroom pithivier	X	Х		Χ			Χ							Χ	X	Х
dessert duo				X			Χ			X						
cheeseboard	X	X					Χ							Χ		

DISHES							Milk	4						WINE	6	*
<u>Appetisers</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Olives																
Edamame												Χ	Χ	Χ	X	
Chorizo Arancini		Х		X			Χ							Χ	X	Х
Pork Crackling														Χ		
<u>Ciabattas</u>																
Ham & Cheddar		Х					Χ									
Bacon & Brie		Х					Х							Χ		
Steak		Χ		Х			Х		Χ							
Tuna		Х		Χ	Χ		Χ									
Chicken & chorizo		Х					Х									
Halloumi & Red Pepper		Х					Χ									

DISHES							Milk	4						WINE		
<u>Sides</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Fries													Χ			
Aspen Fries							Χ						X			
Sweet pot fries													Χ			
Zuchinni				X			Χ						X			
Broccolli												X	X	X	X	X
Creamy Mash							X									
Bread Board		X												X		
Carrots													X			
parmentier pots							Х						Χ		Χ	
walnut & stilton salad		Х					Χ							Χ		

DISHES			T				Milk	4						WINE	6	
<u>Pizza</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Margherita		Х					Χ								Χ	Х
Lyon		Х					Х							Χ	Χ	Х
Andratx		Χ					Х								Χ	Х
Hawaii		Х					Х								Χ	Х
London		Х					Х							Χ	Χ	Х
Beijing		Χ					Х							Χ	Χ	Х
Rome		Х					Х								Χ	Х
Valencia		Х			Х		Х						X		Χ	Х
Calzone		X					Х						Χ		X	Х

DISHES							Milk		(1118888)					WNE	6	
<u>Kids</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Fish & Chips					X								X			
Spag bol	X	Х					X		Х						Χ	Х
cheesy pasta							X		X							
Margherita							X								X	X
Cheeseburger							X						X			
chicken goujons							X						X			
Sausage & chips													X		X	Х

DISHES							Milk		MUSTARD					WNE	6	
<u>Mains</u>	Celery	Cereals containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Chicken Skewer		Х					Χ						Χ		Χ	X
Grill cheeseburger		Х		Χ			Χ						Χ	X	X	Х
thair red curry													X		X	X
+prawn															X	X
+chicken													Χ		Χ	Х
Korean Lamb		X										X	Χ		X	Х
roasted cod					Х		X						X		X	Х
fish & chips				Х	Х								X	X		
chicken caesar				Х	Х		Χ						Χ	Χ	Χ	

+anchovies				X	X		X						X	X	X	
BBQ Ribs				Χ	Χ								X		X	Х
pork Schnitzel	Х	Х		X			Х		Х				X	Х		
Beef Ragu	Х	Х					Χ	Х		Χ			X		X	Х
DISHES	*\/						Milk		MUSTARD			The state of the s		WINE	6	
<u>Mains</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Short Rib	Х						X						X			
Rib-eye Steak							Χ						X			
Fillet Steak							Χ						X			
+peppercorn							Х						X	Х	X	Χ
+bluecheese							Х						X	Х	X	Χ
+madeira jus	Х												X	Х	X	Х
Duck/ orange Salad												Χ	X	Х	X	
Mushroom Porcini		Х		X			Χ		Х				X		X	Х

Caprese Salad				X				Χ	X		
Moules				X	X			Χ		X	X

DISHES							Milk		MUSTARD					WNE	6	
Small Plates	Celery	cereals containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	I (-ariic	Onion
Calamari				Χ			Χ	X					X		Χ	
Caprese Salad							Χ						Χ	Χ		
monkfish					X		X			X			X		X	X
Pork Bites												X	X	X	Χ	X
Mushroom Porcini		Х		Χ			X		X				X		Х	Х
scallops							X	X					X		X	X
duck/orange salad												X	X	Х	Χ	

gambas pil pil		Х						Х		Χ	
Meze Platter	Χ							Х	Х	Х	Х
Camembert	Χ			Χ					Х	Х	Х
Thai Platter	Χ	Χ					Χ	Х	Χ	Х	Х

DISHES	****		¥#			1	Milk		pri 180 1 1 1			The state of the s		WINE	6	1
<u>Breakfast</u>	Celery	Cereals containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Avocado on To	ast	X												X		
+eggs				X												
Salmon sourdo	ugh	X		Х	X		X									
Pancakes yog&berrie		Х					Х									
Pancakes NYC		Χ		X			Х									
Vegetarian Bap	)	Х					Χ						_	Х	_	_

Benedict	X	X						Χ		
Royale	X	X	X	X				Χ		
Full English	X	X								
Granola Bowl	X			X						
Breakfast Bap	X	X								
Vegan Full English	X									
Steak & Eggs		X							X	
Porridge Oats	Х			Χ						

DISHES	*		T.				Milk		········			Will the state of		9 WAR		*
<u>DESSERTS</u>	Celery	containi ng	Crustace ans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide	Garlic	Onion
Pavlova				X			X									
brownie				Χ			Χ									
Vg Brownie										X						
B&B Pud				X			Х			X						
Toffee				X			Х									
Cheeseboard	Χ						X							Χ	X	X

Toasted teaca	Χ				X						
Scone	Χ	X			X						
Affogato			X		X		Х	Χ			
		1	•	Movem	pick icec	ream	1		<u>I</u>	<u>.</u>	
Vanilla			X		Χ						
Chocolate			X		X						
Strawberry			X		X						
Pistacio			X		X		Χ				
Caramel &choc			X		Х						
VG vanilla											
Rasp Sorbet											